Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Coachinfo: Warming up from: 13:00 untill 13:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Splets Myriam

Coaches: Theunissen Davey HEADCOACH

Coaches: De Wit Tessa

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:1, starttime: 14:00

Heat: 1/12 Lane : 3 Athlete: PIRA PAULINE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:2, starttime: 14:04

Heat: 2/12 Lane : 3 Athlete: UNAL ADA **Q-time: 99:99:99**

PB (25m pool): 02:59.03 Bilzen 14/01/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:59.03
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ Heat:5, starttime: 14:16

Heat: 5/12 Lane : 7 Athlete: CREMER EVIANNA **Q-time: 02:54:85**

PB (25m pool): 02:54.85 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.14		01:23.61		02:10.72		02:54.85
		00:38.14		*00:45.47*		*00:47.11*		*00:44.13*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/12 Lane : 1 Athlete: SWINNEN PAULIEN — **Q-time: 02:49:17**

PB (25m pool): 02:49.17 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.08		01:22.63		02:08.13		02:49.17
		00:38.08		*00:44.55*		*00:45.50*		*00:41.04*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/12 Lane : 3 Athlete: VANBRABANT MANON — **Q-time: 02:43:52**

PB (25m pool): 02:43.52 Lommel 02/03/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:36.43		01:17.81		02:01.39		02:43.52
		00:36.43		*00:41.38*		*00:43.58*		*00:42.13*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/12 Lane : 4 Athlete: MOORS NORA — **Q-time: 02:41:21**

PB (25m pool): 02:41.21 Bilzen 25/01/2026 **PB (50m pool):** 02:44.06 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.69		01:18.58		no time		02:41.21
		00:37.69		*00:40.89*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:6, starttime: 14:20

Heat: 6/12 Lane : 5 Athlete: CLAESKENS LINA — **Q-time: 02:42:88**

PB (25m pool): 02:38.47 Bilzen 26/02/2023 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:38.47
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:7, starttime: 14:23

Heat: 7/12 Lane : 2 Athlete: LIMONTA-SCULL OFELIA — **Q-time: 02:39:27**

PB (25m pool): 02:39.27 Bilzen 25/01/2026 **PB (50m pool):** 02:52.90 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.05		01:16.94		no time		02:39.27
		00:36.05		*00:40.89*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:8, starttime: 14:26

Heat: 8/12 Lane : 1 Athlete: VREYS ANSE — **Q-time: 02:34:42**

PB (25m pool): 02:34.42 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:55.52 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.02		01:16.38		01:56.91		02:34.42
		00:36.02		*00:40.36*		*00:40.53*		*00:37.51*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:8, starttime: 14:26

Heat: 8/12 Lane : 4 Athlete: NIJS ALANI — **Q-time: 02:30:92**

PB (25m pool): 02:30.92 Aarschot 26/04/2026 **PB (50m pool):** 02:39.33 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.09		01:09.94		01:51.34		02:30.92
		00:32.09		*00:37.85*		*00:41.40*		*00:39.58*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:8, starttime: 14:26

Heat: 8/12 Lane : 5 Athlete: CLAES JANNE — **Q-time: 02:31:25**

PB (25m pool): 02:31.25 Aarschot 26/04/2026 **PB (50m pool):** 03:11.47 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:33.69		01:11.55		01:52.06		02:31.25
		00:33.69		*00:37.86*		*00:40.51*		*00:39.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:10, starttime: 14:32

Heat: 10/12 Lane : 5 Athlete: ENGELEN FLOOR — **Q-time: 02:21:82**

PB (25m pool): 02:21.82 Hasselt 12/10/2025 — **PB (50m pool):** 02:25.31 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.48		01:08.91		01:46.39		02:21.82
		00:32.48		*00:36.43*		*00:37.48*		*00:35.43*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 7: 200M FREESTYLE WOMEN 11+ — Heat:12, starttime: 14:38

Heat: 12/12 Lane : 4 Athlete: VERTESSEN FRAN — **Q-time: 02:06:70**

PB (25m pool): 02:06.70 3500 Hasselt 23/11/2025 — **PB (50m pool):** 02:12.01 **SB:** 02:11.79 Hasselt 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:29.70		01:01.90		01:34.31		02:06.70
		00:29.70		*00:32.20*		*00:32.41*		*00:32.39*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:4, starttime: 14:54

Heat: 4/11 Lane : 2 Athlete: MOORS LIAM — **Q-time: 02:55:01**

PB (25m pool): 03:04.12 Lommel 02/03/2025 — **PB (50m pool):** 02:55.01 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:40.52		01:30.04		02:19.71		03:04.12
		00:40.52		*00:49.52*		*00:49.67*		*00:44.41*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 14:58

Heat: 5/11 Lane : 5 Athlete: VANBRABANT NOAH — **Q-time: 02:41:05**

PB (25m pool): 02:41.05 Aarschot 26/04/2026 — **PB (50m pool):** 03:04.09 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.59		01:15.89		01:59.40		02:41.05
		00:34.59		*00:41.30*		*00:43.51*		*00:41.65*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:5, starttime: 14:58

Heat: 5/11 Lane : 7 Athlete: HENNING LIAM — **Q-time: 02:49:26**

PB (25m pool): 02:49.26 Aarschot 26/04/2026 **PB (50m pool):** 03:14.68 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.21		01:22.53		02:07.38		02:49.26
		00:38.21		*00:44.32*		*00:44.85*		*00:41.88*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:6, starttime: 15:01

Heat: 6/11 Lane : 6 Athlete: VAN MELE GUNNAR — **Q-time: 02:32:53**

PB (25m pool): 02:54.78 Lommel 02/03/2025 **PB (50m pool):** 02:32.53 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.58		01:22.92		02:09.62		02:54.78
		00:37.58		*00:45.34*		*00:46.70*		*00:45.16*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:7, starttime: 15:04

Heat: 7/11 Lane : 1 Athlete: CLAES PEPIJN — **Q-time: 02:26:89**

PB (25m pool): 02:38.87 3500 Hasselt 24/11/2024 **PB (50m pool):** 02:26.89 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.16		01:15.77		01:58.16		02:38.87
		00:35.16		*00:40.61*		*00:42.39*		*00:40.71*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:7, starttime: 15:04

Heat: 7/11 Lane : 2 Athlete: LEMMENS LARS — **Q-time: 02:24:28**

PB (25m pool): 02:26.99 Aarschot 26/04/2026 **PB (50m pool):** 02:24.28 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.07		01:09.92		01:49.43		02:26.99
		00:33.07		*00:36.85*		*00:39.51*		*00:37.56*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:7, starttime: 15:04

Heat: 7/11 Lane : 3 Athlete: VERTESSEN WOUT — **Q-time: 02:22:32**

PB (25m pool): 02:22.32 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:35.95 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.48		01:08.78		01:45.93		02:22.32
		00:32.48		*00:36.30*		*00:37.15*		*00:36.39*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:8, starttime: 15:07

Heat: 8/11 Lane : 3 Athlete: BALLET EMILE — **Q-time: 02:14:12**

PB (25m pool): 02:14.12 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:16.41 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:29.68		01:03.89		01:39.92		02:14.12
		00:29.68		*00:34.21*		*00:36.03*		*00:34.20*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:8, starttime: 15:07

Heat: 8/11 Lane : 6 Athlete: DEGRAEN DIEGO — **Q-time: 02:15:99**

PB (25m pool): 02:15.99 Bilzen 25/01/2026 **PB (50m pool):** 02:24.49 **SB:** 02:20.59 Pelt 27/09/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:30.65		01:05.69		no time		02:15.99
		00:30.65		*00:35.04*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:10, starttime: 15:13

Heat: 10/11 Lane : 3 Athlete: THEUNISSEN TOON — **Q-time: 02:06:74**

PB (25m pool): 02:06.74 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:11.05 **SB:** 02:07.29 Hasselt 04/10/2026

	25M	50M	75M	100	125	150	175	200M
PB		00:28.57		01:00.70		01:34.48		02:06.74
		00:28.57		*00:32.13*		*00:33.78*		*00:32.26*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 8: 200M FREESTYLE MEN 11+ — Heat:11, starttime: 15:15

Heat: 11/11 Lane : 8 Athlete: JORISSEN RUBE — **Q-time: 02:03:70**

PB (25m pool): 02:01.08 Pelt 06/10/2024 **PB (50m pool):** 02:03.70 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		02:01.08
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M BUTTERFLY WOMEN 11+ — Heat:1, starttime: 15:28

Heat: 1/3 Lane : 2 Athlete: RENETTE LENA — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 9: 200M BUTTERFLY WOMEN 11+ — Heat:2, starttime: 15:32

Heat: 2/3 Lane : 6 Athlete: VANHEES ELLA — **Q-time: 99:99:99**

PB (25m pool): 02:41.75 3500 Hasselt 24/11/2024 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.24		01:14.05		01:57.23		02:41.75
	00:33.24		*00:40.81*		*00:43.18*		*00:44.52*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M BUTTERFLY MEN 11+ — Heat:1, starttime: 15:40

Heat: 1/2 Lane : 3 Athlete: JANSSEN THIBE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
	no time							
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 10: 200M BUTTERFLY MEN 11+ — Heat:1, starttime: 15:40

Heat: 1/2 Lane : 5 Athlete: BAELEN SIEBE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M BUTTERFLY MEN 11+ — Heat:2, starttime: 15:44

Heat: 2/2 Lane : 4 Athlete: CLAESKENS MILAN — **Q-time: 02:15:60**

PB (25m pool): 02:15.18 Hasselt 04/10/2026 **PB (50m pool):** 02:17.97 **SB:** 02:15.18 Hasselt 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.04		01:04.27		01:39.53		02:15.18
		00:30.04		*00:34.23*		*00:35.26*		*00:35.65*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M BUTTERFLY MEN 11+ — Heat:2, starttime: 15:44

Heat: 2/2 Lane : 5 Athlete: BAELEN TOBE — **Q-time: 02:25:75**

PB (25m pool): 02:25.75 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.03		01:08.87		01:47.16		02:25.75
		00:32.03		*00:36.84*		*00:38.29*		*00:38.59*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 10: 200M BUTTERFLY MEN 11+ — Heat:2, starttime: 15:44

Heat: 2/2 Lane : 7 Athlete: HERMANS YESSE — **Q-time: 02:53:92**

PB (25m pool): 02:53.92 Lommel 22/02/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:35.71		01:24.35		no time		02:53.92
		00:35.71		*00:48.64*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:1, starttime: 15:48

Heat: 1/8 Lane : 3 Athlete: PIRA PAULINE **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		no time		no time		no time		no time
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:3, starttime: 15:58

Heat: 3/8 Lane : 3 Athlete: UNAL ADA **Q-time: 03:07:08**

PB (25m pool): 03:07.08 Beringen 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:43.01		01:30.16		no time		03:07.08
		00:43.01		*00:47.15*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:4, starttime: 16:03

Heat: 4/8 Lane : 6 Athlete: CREMER FOTINI **Q-time: 02:50:29**

PB (25m pool): 02:50.29 Aarschot 26/04/2026 **PB (50m pool):** 02:58.40 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:39.90		01:23.18		no time		02:50.29
		00:39.90		*00:43.28*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:5, starttime: 16:07

Heat: 5/8 Lane : 2 Athlete: CLAES JANNE **Q-time: 02:44:49**

PB (25m pool): 02:44.49 Aarschot 26/04/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.98		01:19.85		no time		02:44.49
		00:37.98		*00:41.87*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:6, starttime: 16:11

Heat: 6/8 Lane : 1 Athlete: MOORS YANA **Q-time: 02:43:46**

PB (25m pool): 02:40.42 3500 Hasselt 24/11/2024 **PB (50m pool):** 02:49.69 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.84		01:19.22		02:00.82		02:40.42
		00:37.84		*00:41.38*		*00:41.60*		*00:39.60*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:7, starttime: 16:15

Heat: 7/8 Lane : 3 Athlete: POEL MAREN **Q-time: 02:36:00**

PB (25m pool): 02:36.00 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:40.82 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.87		01:17.96		01:58.22		02:36.00
		00:37.87		*00:40.09*		*00:40.26*		*00:37.78*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:8, starttime: 16:18

Heat: 8/8 Lane : 1 Athlete: CUIJVERS LISA **Q-time: 02:32:33**

PB (25m pool): 02:32.33 Hasselt 04/05/2025 **PB (50m pool):** 02:37.41 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:35.97		01:14.74		01:53.96		02:32.33
		00:35.97		*00:38.77*		*00:39.22*		*00:38.37*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 11: 200M BACKSTROKE WOMEN 11+ Heat:8, starttime: 16:18

Heat: 8/8 Lane : 4 Athlete: VANHEES ELLA **Q-time: 02:27:51**

PB (25m pool): 02:27.51 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:35.69 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.55		01:12.34		01:50.70		02:27.51
		00:34.55		*00:37.79*		*00:38.36*		*00:36.81*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 11: 200M BACKSTROKE WOMEN 11+ — Heat:8, starttime: 16:18

Heat: 8/8 Lane : 6 Athlete: VERTESSEN FRAN — **Q-time: 02:29:37**

PB (25m pool): 02:29.37 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:45.02 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.47		01:12.32		01:51.66		02:29.37
		00:34.47		*00:37.85*		*00:39.34*		*00:37.71*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:3, starttime: 16:32

Heat: 3/8 Lane : 6 Athlete: HENNING LIAM — **Q-time: 03:04:81**

PB (25m pool): 03:04.81 Beringen 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:43.68		01:30.32		no time		03:04.81
		00:43.68		*00:46.64*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:4, starttime: 16:36

Heat: 4/8 Lane : 2 Athlete: JANSSEN THIBE — **Q-time: 02:43:58**

PB (25m pool): 02:43.58 3500 Hasselt 23/11/2025 **PB (50m pool):** 02:45.70 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:38.50		01:19.19		01:59.39		02:43.58
		00:38.50		*00:40.69*		*00:40.20*		*00:44.19*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:4, starttime: 16:36

Heat: 4/8 Lane : 4 Athlete: VERTESSEN WOUT — **Q-time: 02:39:22**

PB (25m pool): 02:39.22 3500 Hasselt 23/11/2025 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:37.97		01:18.46		01:59.96		02:39.22
		00:37.97		*00:40.49*		*00:41.50*		*00:39.26*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:5, starttime: 16:40

Heat: 5/8 Lane : 1 Athlete: LEMMENS LARS — **Q-time: 02:37:31**

PB (25m pool): 02:37.31 Aarschot 26/04/2026 **PB (50m pool):** 02:40.57 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:36.92		01:17.32		01:58.92		02:37.31
		00:36.92		*00:40.40*		*00:41.60*		*00:38.39*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:5, starttime: 16:40

Heat: 5/8 Lane : 5 Athlete: CLAES PEPIJN — **Q-time: 02:32:81**

PB (25m pool): 02:32.81 Beringen 08/02/2026 **PB (50m pool):** no time **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:34.50		01:13.48		no time		02:32.81
		00:34.50		*00:38.98*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:6, starttime: 16:43

Heat: 6/8 Lane : 1 Athlete: JORISSEN RUBE — **Q-time: 02:27:76**

PB (25m pool): 02:19.89 3500 Hasselt 24/11/2024 **PB (50m pool):** 02:27.76 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:32.72		01:07.93		01:44.25		02:19.89
		00:32.72		*00:35.21*		*00:36.32*		*00:35.64*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:6, starttime: 16:43

Heat: 6/8 Lane : 8 Athlete: BIRLOGEANU LUCA — **Q-time: 02:29:61**

PB (25m pool): 02:29.61 Beringen 08/02/2026 **PB (50m pool):** 02:32.55 **SB:** no time

	25M	50M	75M	100	125	150	175	200M
PB		00:33.89		01:12.68		no time		02:29.61
		00:33.89		*00:38.79*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Hasseltse 200m 2026: Session: 2: COACH Evaluation sheet for TEAM: DBT

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:7, starttime: 16:47

Heat: 7/8 Lane : 3 Athlete: THEUNISSEN TOON — **Q-time: 02:24:29**

PB (25m pool): 02:24.29 Beringen 08/02/2026 — **PB (50m pool):** 02:38.28 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:34.45		01:10.99		no time		02:24.29
		00:34.45		*00:36.54*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:8, starttime: 16:50

Heat: 8/8 Lane : 3 Athlete: BAELEN SIEBE — **Q-time: 02:16:25**

PB (25m pool): 02:16.25 3500 Hasselt 23/11/2025 — **PB (50m pool):** 02:20.89 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:31.18		01:05.82		01:42.08		02:16.25
		00:31.18		*00:34.64*		*00:36.26*		*00:34.17*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:8, starttime: 16:50

Heat: 8/8 Lane : 4 Athlete: BAELEN TOBE — **Q-time: 02:12:30**

PB (25m pool): 02:12.30 Aarschot 26/04/2026 — **PB (50m pool):** 02:17.79 **SB:** no time

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:30.48		01:03.81		01:38.10		02:12.30
		00:30.48		*00:33.33*		*00:34.29*		*00:34.20*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 12: 200M BACKSTROKE MEN 11+ — Heat:8, starttime: 16:50

Heat: 8/8 Lane : 6 Athlete: CLAESKENS MILAN — **Q-time: 02:18:94**

PB (25m pool): 02:17.25 Hasselt 04/10/2026 — **PB (50m pool):** 02:24.90 **SB:** 02:17.25 Hasselt 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:32.19		01:07.23		01:42.93		02:17.25
		00:32.19		*00:35.04*		*00:35.70*		*00:34.32*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback: